



**INTRODUCTION TO PSYCHOLOGY  
PSY 140.I1 and PSY140A.IC1  
FALL 2021**

**Credits:** Four (4)  
**Days class meets:** None, you must log in at least twice during each week  
**Time class meets:** Asynchronous (on your own)  
**Location:** Your home computer

**Instructor:** Mari Nunez, PhD, LPC  
**Email:** [nunezmariannn@jccmi.edu](mailto:nunezmariannn@jccmi.edu)  
**Phone:** 517-425-4507  
**Online Office Hours:** varied, and as requested

**Course Description:**

Overview of the field of psychology, including learning, development, emotion, motivation, personality, abnormal behavior and psychotherapy.

**Prerequisite(s):**

ENG 086\* and ENG 091\* - Must be completed prior to taking this course.

**Course Objectives:**

- \*Define psychology and explain how the focus of psychology is different from that of other social and biological sciences.
- \*Describe the major features of the scientific method and explain the steps and key considerations in research.
- \*Define basic psychological terminology and explain important features of major psychological concepts and theories.
- \*Identify leading contributors to the field of psychology and describe their work.
- \*Explain how biological, psychological, and social factors can affect behavior.
- \*Identify and describe specific psychological principles in real life situations.
- \*Critically analyze information about human behavior and distinguish between conclusions supported by scientific evidence and conclusions based on nonscientific ways of knowing.
- \*Recognize real-life situations that may require professional psychological help and know how to use community resources to find help when needed

## Course Outcomes:

Essential goals of the course include the achievement of several measurable outcomes defined by the college as vital to the educated individual at the degree level. Two such goals are embodied in this course and will be assessed in the measures listed below. These two Outcomes are:

- The ability to evaluate, interpret, and analyze information from both written and verbal sources (GEO #7, Critical Thinking); and
- The ability to provide alternative interpretations of specific patterns of human behavior, consistent with current research and theories (GEO #5, Understanding Human Behavior and Social Systems).

## Classroom Expectations:

This course is designed in an online format. In order to facilitate the best learning possible, each student is asked to comply with the following expectations:

- We will interact with each other with respect and civility, respecting culture and diversity. Everyone has valuable input, regardless of how well it can be communicated, we will honor one another's participation and involvement.
- Reading materials are expected to be completed as indicated in syllabus. It is crucial in order to be able to fully participate in the course materials to read your text.

## Instructor Contact:

I strive to return all communications within 24 hours. You can text or call, just know that a call might not be returned until the next day, particularly if it is after the dinner hour. A text can be responded to fairly quickly, providing it comes before 10pm. Emails will have a response time of 24 hours and up to 48 on the weekend. If it is urgent, please indicate in whichever form you choose, and remember to tell me who you are and which section you are in.

I intend to grade all assignments by Monday morning each week. If I am unable to open anything, I will alert you to resubmit in a different format.

## Required Text:

Nevid, Jeffrey, 2018, Essentials of Psychology: Concepts and Applications, 5<sup>th</sup> edition Cengage  
ISBN: 978-1-305-96415-0

### *Text Book Zero*

This text is available in a digital format. Please see the links posted on our class Jet Net site. This text is available to rent or purchase in digital format through the JC Bookstore.

### *Follett Access*

For more information on the Follett ACCESS Program, you can view the .If after reviewing the costs, you choose to opt out, you may do so here: Please note your opt out selection is for your entire semester

schedule. You cannot opt out and opt in to individual courses. And you must opt out by the due date for your first class.

### **Measures of success in this course:**

To complete the course successfully, you must demonstrate both acquisition and understanding of the information contained in the course. You are expected to do this in specific ways:

### **READ ALL THE REQUIRED READINGS AND RESOURCES, VIEW THE VIDEOS POSTED!**

I utilize additional articles, videos, and slides to supplement our textbook. Please do not discount these. You will need to review these in order to effectively complete discussions, activities and labs.

### **BE ENGAGED IN THE CLASS!**

This class starts on Monday, August 30th, I suggest you plan to have readings completed by Thursday each week. This gives you the weekend to process and apply concepts into your work assignments. In addition, there are typically additional short readings and videos each week that you are expected to check out to enhance and highlight your readings. You should be logged on at least twice weekly, once to review and note the week's tasks, and a second time for attending to discussions and submitting assignments.

### **COMPLETE YOUR COURSE WORK IN A TIMELY MANNER!**

#### **For online sections**

Just as in a traditional classroom course, regular class participation and keeping up on the reading and assignments is strongly correlated with survival in college. It is my recommendation that you plan to do your assignments and take your exams BEFORE the last day they are due. If problems occur, there is time to fix them before the deadline.

In compliance with Federal Title IV funding requirements, as well as college initiatives, I will be monitoring student participation on a regular basis and officially reporting student activity throughout the term to assure compliance with college policy and federal regulations. It is imperative that you log in to the course and actively participate within the first couple of days of the term to validate your enrollment in the course. After that, not actively participating in class may result in you being withdrawn from the course. Being withdrawn from a course can have an impact on financial aid, billing, athletic eligibility, and housing status. As a college student you are responsible for how your participation impacts your academic progress; the accountability lies with you.

### **COMPLETE EACH LAB!**

There are 14 Labs, which require you to engage in the materials and apply your learning. These are often reflective, but you can cite your reading and video materials as appropriate using APA format. You can submit a written response as indicated in each Lab via Jet Net. Most of them only require a one page or less response. A few require you to track or complete some additional tasks over the course of the week, and submit a tracking, response, or additional materials with your writeup. Each Lab is due Sunday at Midnight, with the first one due September 5th.

14 Labs at 50 points each= 700 points

## COMPLETE THE CLASS DISCUSSIONS!

There will be seven discussions forums devised to "discuss" your learning with your classmates. Please participate in these discussions as you would in a face to face format. Discussions will be graded on your ability to enhance the discussion, not simply "like" a peer's comment or post. Directives for each discussion will be outlined on JetNet. There is no requirement for how many times you post (unless specifically indicated), rather your quality of posts. Feel free to include resources or citations from your materials to fully participate in your discussions.

7 Discussions at 20 points each = 140 points, Final Forum post week of 12/13= 10 points. TOTAL=150

## COMPLETE THE MIDTERM!

There will be short essay questions for you to respond to. These are expected to be in your own words and use full and complete sentences.

50 points

## DO THE FINAL EXAM OR FILM REVIEW PAPER!

You can choose to do either an essay final exam or a film review paper. Both involve comprehensive application of concepts learned. This is not a memorization task, you may use your book, course resources, and notes for the final. For the essay final, you must answer questions in your words. For the film review, you may find that you need to cite some of your work, and this should be in APA format.

100 points

*Late work is accepted within the week after it is due with a 20% deduction from earned points. There are opportunities to submit it beyond that for 50% deduction. It is your responsibility to email me that you have turned in a late assignment for grading. There are also at times extra credit opportunities available.*

## Grades:

Your final course grade will be determined by summing points from the activities detailed below.

Grade	Pct (%)	Points
4.0	94-100	940-1000
3.5	89-93	890-939
3.0	84-88	840-889
2.5	78-83	780-839
2.0	72-77	720-779
1.5	66-71	660-719
1.0	60-65	600-659
.5	55-59	555-559
0	0-54	0-554

## Failure

In order to successfully pass this course and achieve a 2.0 you must earn and accumulate a minimum of 720 points. Check your grade standing on JetNet regularly. Turn in all assignments on time. Late submissions are accepted, but this will decrease your point earnings.

If something is interfering with your ability to turn in assignments or keep up with work, please reach out and let me know. I will support you to the best of my ability IF I know there is a problem or a distraction. I do not want to see students fail, but I cannot help if I am unaware.

## Academic Honesty Policy

Academic Honesty is defined as ethical behavior that includes student production of their own work and not representing others' work as their own, by cheating or by helping others to do so.

### Plagiarism

Plagiarism is defined as the failure to give credit for the use of material from outside sources.

Plagiarism includes but is not limited to:

- \*Submitting other's work as your own
- \*Using data, illustrations, pictures, quotations, or paraphrases from other sources without adequate documentation
- \*Reusing significant, identical or nearly identical portions of one's own prior work without acknowledging that one is doing so or without citing this original work (self-plagiarism)

### Cheating

Cheating is defined as obtaining answers/material from an outside source without authorization.

Cheating includes, but is not limited to:

- \*Plagiarizing in any form
- \*Using notes/books/electronic material without authorization
- \*Copying
- \*Submitting others' work as your own or submitting your work for others
- \*Altering graded work
- \*Falsifying data
- \*Exhibiting other behaviors generally considered unethical
- \*Allowing your work to be submitted by others

## Accessibility

Jackson College understands that cultivating a broadly diverse community is crucial to our educational mission and to our foundational commitment to leadership and service. Jackson College is fully committed to ensuring our courses are accessible to everyone including those with disabilities. We are currently working to increase accessibility and usability of our course materials in order to meet or exceed the requirements of Section 508 of the Rehabilitation Act of 1973, the Americans with Disabilities Act of 1991 and Web Content Accessibility Guidelines (WCAG) 2.0. For more information about Jackson College's efforts to ensure accessibility please visit the [Jackson College accessibility web page](#).

If you have an accessibility need in any of our classes please email the Center for Student Success at [JCCSS@jccmi.edu](mailto:JCCSS@jccmi.edu) or visit the [Center for Student Success web page](#). At the Center for Student Success (CSS), we are committed to providing all students the opportunity to achieve academic success by providing a variety of support services free of charge to Jackson College students. This includes, but is not limited to, peer and faculty tutoring, mental health referral, temporary assistance with transportation, various workshops/seminars, and the TRIO program.

In addition, the CSS staff is committed to adapting the College's general services to meet the individual needs of otherwise qualified students with disabilities, for the purpose of providing equal access to all programs and facilities.

## Academic Advising

It is important to contact a Center for Student Success professional prior to the start of the semester in order to receive accommodations in a timely manner. While we will make every effort to coordinate accommodations in a timely manner, failure to self-identify prior to the start of the semester may delay notification to instructors and timeliness of acquiring accommodations. Accommodations do not automatically carry over to the next semester. Please e-mail [JCCSS@jccmi.edu](mailto:JCCSS@jccmi.edu) or visit the [Accommodations for Students with Disabilities](#) web page

## COURSE SCHEDULE AND OUTLINE OF ASSIGNMENTS

The following is the proposed schedule for our class. Please note that there may be changes made at my discretion. Check JetNet regularly, attend Zoom sessions, and ask if you have any questions about what is due and when.

<b>Week</b>	<b>Reading/Lab/Discussion</b>	<b>Due Date</b>
August 30 th:	Read Chapter 1, Origins of Psychology Lab	September 5th
September 6th:	Read Chapter 2, Brain Basics Lab <i>Nature/Nurture Discussion</i>	September 12th <i>September 19th</i>
September 13th:	Read Chapter 3, Sensation & Perception Lab	September 19th
September 20th:	Read Chapter 4, Sleep & Dream Lab <i>Mindfulness Discussion</i>	September 26th <i>October 3rd</i>
September 27th:	Read Chapter 5, Learning Lab	October 3rd
October 4th:	Read Chapter 6, Memory Lab <i>Memory Discussion</i>	October 10th <i>October 17th</i>
October 11th:	Read Chapter 7, Language Lab Midterm will be open to begin working on. Due October 20th.	October 17th
October 18th:	Read Chapter 8, Motivation Lab <i>Smart Goals Discussion</i> MIDTERM DUE	October 24th <i>October 31st</i> October 20th
October 25th:	Read Chapter 9, Attachment Lab	October 31st
November 1st:	Read Chapter 10, Stress & Health Lab <i>ACEs Discussion</i>	November 7th <i>November 15th</i>
November 8th:	Read Chapter 11, Personality Lab	November 14th
November 15th:	Read Chapter 12, Social Psychology Lab <i>Personality Discussion</i>	November 21st <i>November 28th</i>
November 22nd:	THANKSGIVING BREAK	
November 29th:	Read Chapter 13, Psychological Disorders Lab <i>Mental Health Discussion</i> Final Essay Exam/Film Review will be opened to begin working on. Due December 15th	December 5th <i>December 12th</i>
December 6th:	Read Chapter 14, Mental Health Interventions Lab	December 12th
December 13th:	Final Essay Exam or Film Review Final Forum post	December 15th December 17th

