



## Health Assessment

### NRS 119

### 2021-2022

**Number of Credits:** 4

**Contact Hours:** 37.5 hours (2.5 BCH) Theory & 22.5 hours (1.5 BCH) laboratory

**Meeting Times:** Monday and Fridays 8:00 am-5:30 pm (\*Includes Lab Sessions Ref. Rubric)

**Instructor:** Jennifer Wheeler MSN, Ed, RN

**Contact Phone:** 517.262.4979 (Please use cell first for emergencies\* texting is acceptable\*)

**Contact Email:** WheelerJennifeA@jccmi.edu

**Online Office Hours:** Go to Meeting by appointment only

**Notes:** Instructor checks email frequently, please use first for all communication. If no answer within 24-48 hours try again. If no answer, may contact by phone.

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## Course Description

This course prepares students to conduct evidenced based, client-centered health assessments. Using a systematic and culturally responsive approach, the student will demonstrate safe assessment techniques and electronic health record documentation according to evidence-based practice. Classroom, laboratory, and simulation experiences foster the development of clinical reasoning, a spirit of inquiry, and teamwork in preparation for the clinical experience.

## Prerequisite(s)

- Admission to the AAS-N program.
- Current health data **MUST be submitted and on file in the nursing office by the end of the second week of the semester.** "Failure to comply with the program health care requirements...at both the time of admission and for each semester throughout the program will result in a 3% deduction in the final course grade" (See the JC AAS-N Student Handbook | located on the JC Website: Home / Nursing).

## Lecture Schedule (\*See Supplement Documents on JetNet for Detail)

WEEK #	DATE (WEEKLY COURSE RUBRIC)	TOPIC	HOMEWORK (WEEKLY LESSON PLANNER)
1	COURSE RUBRIC (ORANGE)	<b>UNIT I</b> Evidenced Based Practice, Cultural Assessment, Interview Techniques & Complete Health History  <b>UNIT II</b> Assessment Techniques & Safety, Vital Signs and Pain	(ORANGE)  <b>SHERPATH</b>  <b>SHADOW HEALTH</b>  <b>SIMCHART</b>
2	COURSE RUBRIC (PURPLE)	<b>UNIT III</b> Mental Status  <b>UNIT IV</b> Head, Neck Lymph Nodes & Neurologic  <b>UNIT V</b> Eyes  <b>UNIT VI</b> Ears, Mouth, Nose & Throat	(PURPLE)  <b>SHERPATH</b>  <b>SHADOW HEALTH</b>  <b>SIMCHART/FLIPGRID</b>
3	COURSE RUBRIC (WHITE)	HEENT Systems (1) Practicum	<b>SIMCHART</b>
4	COURSE RUBRIC (GREEN)	<b>UNIT VII</b> Thorax & Lungs  <b>UNIT VIII</b> Heart, Neck Vessels & Peripheral Vascular  <b>UNIT IX</b> Abdomen	(GREEN)  <b>SHERPATH</b>  <b>SHADOW HEALTH</b>
5	COURSE RUBRIC (WHITE)	Body Systems (2) Practicum  Lung, Cardiac, Peripheral Vsc. Abdomen	<b>SIMCHART</b>
6	COURSE RUBRIC (BLUE)	<b>UNIT VII</b> Thorax & Lungs  <b>UNIT VIII</b> Heart, Neck Vessels & Peripheral Vascular  <b>UNIT IX</b> Abdomen	(BLUE)  <b>SHERPATH</b>  <b>SHADOW HEALTH</b>
7	COURSE RUBRIC (WHITE)	FINAL HTT Practicum  <b>UNIT XIII</b> Pulling It All Together	

## Program Learning Outcomes

Program Learning Outcomes	Level Learning Outcome	Student Learning Outcome
Upon successful completion of the program, the graduate will:	Upon successful completion of the level, the student will:	Upon successful completion of the course, the student will:
<p><b>Human Flourishing</b></p> <p>Advocate for culturally diverse clients, families, significant others, and members of the healthcare team in ways that promote self-determination, integrity, and ongoing growth as human beings to reach their maximum potential in various healthcare environments throughout the lifespan.</p>	<p><b>Human Flourishing</b></p> <p>Advocate for stable, culturally diverse adult clients through the provision of evidence-based care in ways that promote self-determination, integrity, and ongoing growth.</p>	<p><b>Human Flourishing</b></p> <p>Integrate principles from the physical and behavioral sciences into the development of physical assessment competencies essential to holistic client care.</p>
<p><b>Nursing Judgment</b></p> <p>a. Make judgments in practice, substantiated with evidence, that integrate nursing science into the provision of safe and quality care that promotes the health of clients throughout the lifespan.</p> <p>b. Demonstrate competency in nursing health care technology and informatics to communicate, manage knowledge, mitigate error, and support organizational reimbursement.</p>	<p><b>Nursing Judgment</b></p> <p>Prioritizes and provides safe, quality client-centered care for stable clients utilizing Maslow's Hierarchy and the nursing process.</p>	<p><b>Nursing Judgment</b></p> <p>a. Utilize clinical reasoning and the nursing process to perform a safe, quality, client-centered health assessment.</p> <p>b. Apply principles used in electronic recording of client care information and document health assessment data in accordance with legal and ethical practice guidelines.</p>
<p><b>Professional Identity</b></p> <p>Implement one's role as a nurse in ways that reflect integrity, responsibility, legal and ethical practices, and an evolving identity as a nurse committed to evidence-based practice, caring, advocacy and safe quality care for culturally diverse clients throughout the lifespan.</p>	<p><b>Professional Identity</b></p> <p>Apply legal, ethical, and practice standards while evolving within a professional nursing environment.</p>	<p><b>Professional Identity</b></p> <p>Explore the nursing role in assuring coordination, integration, and continuity of care.</p>

<b>Program Learning Outcomes</b>	<b>Level Learning Outcome</b>	<b>Student Learning Outcome</b>
<p><b>Spirit of Inquiry</b></p> <p>Evaluate evidence that underlies clinical nursing practice to challenge the status quo, question underlying assumptions, and offer new insights to improve the quality of care for clients throughout the lifespan.</p>	<p><b>Spirit of Inquiry</b></p> <p>Describe evidence-based practice in nursing including the rationale for its use.</p>	<p><b>Spirit of Inquiry</b></p> <p>Describe the concepts of evidence-based practice in relationship to physical assessment techniques.</p>

## Student Learning Outcomes

<b>Student Learning Outcomes</b>	<b>Behavioral Competencies</b>
<p>Upon successful completion of the program, the graduate will:</p>	
<p><b>Human Flourishing</b></p> <p>Integrate principles from the physical and behavioral sciences into the development of physical assessment competencies essential to holistic client care.</p>	<p><b>Human Flourishing</b></p> <p>Utilize client-centered health assessment techniques in the promotion of optimal wellness to culturally diverse client populations across the lifespan.</p>
<p><b>Nursing Judgment</b></p> <p>Utilize clinical reasoning and the nursing process to perform a safe, quality, client-centered health assessment.</p> <p>Apply principles used in electronic recording of client care information and document health assessment data in accordance with legal and ethical practice guidelines.</p>	<p><b>Nursing Judgment</b></p> <p>Demonstrate data collection and health assessment techniques to evaluate clients throughout the lifespan.</p> <p>Utilize information technologies to create a common data base for inter-professional communication to support safe processes of care.</p>
<p><b>Professional Identity</b></p> <p>Explore the nursing role in assuring coordination, integration, and continuity of care.</p>	<p><b>Professional Identity</b></p> <p>Recognize the importance of collaboration as it relates to integration of health promotion and disease prevention in nursing care.</p>
<p><b>Spirit of Inquiry</b></p> <p>Describe the concepts of evidence-based practice in relationship to physical assessment techniques.</p>	<p><b>Spirit of Inquiry</b></p> <p>Identify the rationale for physical assessment techniques that improve quality outcomes.</p>

## Textbook

### Custom Package 1: NRS 120 111 116 119 (\*Contains Text Resources for All First Level Courses)

**Title:** Fall 2021 Jackson College Semester 1 Sherpath Skills Shadow Health CP

**ISBN:** 9780323921053

Resources for Health Assessment NRS 119 from this Custom Package are:

- Jarvis – Sherpath for Health Assessment 8e
- Jarvis – Physical Exam and Health Assessment – binder print (\*3 hole punched print copy of text for lab\*)
- Shadow Health – Health Assessment DCE

**Digital Format:** This text is available in a digital format to rent or purchase through the JC Bookstore. Please see the links posted on your class JetNet site. \*Sherpath is not available as a rental option.

**Recommendations and Requirements for NRS 111 and 120:** These texts will be used in this course and are part of the Semester 1 Custom Package.

- Nursing Diagnosis Handbook 12<sup>th</sup> Edition, (2020)
- Nursing Drug Reference Book of Choice.

### [Learn new textbook program at JC](#)

For account billing questions, please contact the Jackson College Cashier at [jccashier@jccmi.edu](mailto:jccashier@jccmi.edu)

Please note, your opt out selection is for your entire semester schedule. You cannot opt out/opt into individual courses. And you must opt out by the due date of your first class, which is the 3rd day after the start of your earliest course.

## Additional Supplies

NRS 119 Assessment Kits: Each student will receive an assessment kit designed by Pro Image Uniforms upon entry into the course. Kits include: Blood pressure cuff, Stethoscope, Gait Belt, Tape Measure, EKG Calipers, Pen Light, Calculator, Wound Measuring Guide, Pocket CPR Mask Keychain combined in a sturdy backpack for ease in transporting the necessary tools to class / clinical labs.

## Student Evaluation Criteria

Each systems examination is based on lecture/lab content and will be separated to enhance achieving the learning outcomes as demonstrated by the Comprehensive Final Practicum in the course. Students are required to competently demonstrate Two Systems and One Head to Toe Practicum exam(s). Each individual practicum requires a score of 78% to pass. Practicum Scores combined total 78% of the overall grade in this course.

- A 5%-point deduction will be applied to the Systems 2 Practicum score if evidence of knowledge building is not demonstrated in either the practicum skill demonstration and/or SimChart e-Documentation for this assignment (only).
- A 10% course grade deduction will be applied to students who score less than 78% on the Final Head to Toe Practicum assignment. This assignment determines student clinical readiness associated with safe patient care.

Shadow Health DCE and SimChart digital assignments are weighted in the JetNet gradebook to equal 22% of a grade in this course. It is imperative that all students take a proactive approach to the assignments in this web-based program and plan time accordingly. Failure to submit assignments by assigned due dates will result in score deductions. (See Shadow Health Grading)

The final grade is given for course work but is contingent upon satisfactory completion of the laboratory and/or clinical experience, when applicable. At times, content from previous courses will be tested in subsequent courses. When computing final grades, a percentage will be calculated.

<b>Evaluation Method</b>	<b>Type</b>
Shadow Health	Digital Clinical Experiences
SimChart	Electronic Health Record Documentation Simulations
Body System Practicum	Live Clinical Lab Physical Assessment Demonstrations
Other Assignments (Non-Graded)	Sherpath, Flipgrid, EAQ, SimChart Labs
Other	See the Nursing Handbook for evaluation behaviors based on the Code of Nursing.

## Grading Scale

The final grade is given for course work but is contingent upon satisfactory completion of the laboratory and/or clinical experience, when applicable. At times, content from previous courses will be tested in subsequent courses. When computing final grades, a percentage will be calculated.

The total points of the Practicum Examinations are worth up to 78% of the overall course score added to the Digital Assignments score up to 22% for a total of 100% grade in the course. If the percentage score includes a decimal, 0.5 or more the grade will be rounded up to the next whole number (e.g., 83.5 = 84%). If a decimal grade of 0.4 or less is calculated the grade will be rounded down to the nearest whole number (e.g., 83.4 = 83%).

The grading scale for the course is as follows: (Shaded areas indicate non-passing grades)

<b>GPA</b>	<b>GRADE RANGE</b>
4.0	94-100%
3.5	90-93%
3.0	86-89%
2.5	82-85%
2.0	78-81%
1.5	74-77%
1.0	70-73%
0.5	66-69%
0.0	0-66%

## **Jackson College Nursing Student Handbook – AAS-N**

All AAS-N students are responsible for accessing and reviewing all general policies and procedures listed in this section found in the current online edition of the Nursing Student Handbook at the beginning of each course. The following lists some of the essential course-related policies but is not exhaustive of ALL the information students are responsible for having read and have agreed to abide by according to the signed attestation form of the Nursing Handbook agreement on file:

- Attendance Policy
- Cell Phones
- Testing – Course Exams
- Testing Guidelines for Students
- Online Testing Guidelines
- Test Make-Up
- Dosage Calculation Competency Policy
- Academic Integrity and Honesty Policy
- Civility
- Uniform Policy
- Simulation Expectations
- Smoking
- Mandatory Health Data/CPR Certification
- Student Health Issues Impact on Course/Clinical Completion
- Student Health Issues/Latex Allergy
- Exposure Incidence and Diseases
- Accidents (Including Needle Sticks)

## Student Responsibilities: Class Requirements

### Attendance

Attendance in lecture theory is not required but is **HIGHLY** recommended. If a student must be absent, it is the student's responsibility to obtain all lecture notes and other information shared in class PRIOR to returning to the class. Tardiness to class may mean missing updates/clarifications of assignments. **Class attendance is taken each theory and lab session.**

It is the responsibility of the student to sign in/out of their scheduled lab for this course to further assimilate knowledge and practice identified physical assessment techniques. The laboratory component of this course provides each student with a structured setting for valuable individualized feedback while developing the required psychomotor skills to practice safely in the live clinical environment.

Each student will practice health assessment skills in partnership with a peer client concurrently enrolled in NRS 119 within the laboratory setting. Course lab times are not flexible. Any student who does not attend at least one two-hour session each week, will significantly risk his/her ability to pass this course.

**Attendance is taken.**

### Attendance Policy

In compliance with Federal Title IV funding requirements, as well as college initiatives, instructors will take attendance at each scheduled meeting time. Students will be automatically dropped if, within the first week of class, they do not attend class or do not engage in academic activity of an online class. If a student has not engaged in academic activity over a two-week timeframe, instructors will input a last date of attendance for that student, who will then be administratively withdrawn.

### Caveat

Please note: The format and timing of this course may need to change due to unforeseen circumstances. In particular: school closings, instructor illness, weather, or other situations that may arise. If you are taking an in-person class, you will be required to complete a Reintegration Video Training course in JetNet prior to being admitted to campus. All COVID safety protocols in place are based on current guidelines and will be enforced while students are on campus.

### Assignments

All students are required to participate in three body system practicums, EHR clinical lab documentation requirements and all Digital Clinical Experience (DCE) graded assignments. Students who do not submit additional class assignments by due date and time will receive no credit.

### Course Communications

Course communications will be made through JetNet and the Jackson College email system. All students must utilize their JC email when sending email communications to faculty regarding the course and clinical. It is the student's responsible to check email frequently. Students are accountable for all communications made via email.



## Written Work (Electronic Health Record Documentation)

Written work should be neatly done using proper grammar, spelling and punctuation, and sentence structure as appropriate for the type of assignment. Written work that does not show evidence of knowledge building in both Shadow Health and SimChart environments may have percentage point deductions applied. (See individual Assignment Instructions)

## Reading Assignments

Reading assignments (Sherpath text, lesson plans, class/lab handouts, etc.) should be read for understanding before coming to the class, for which they are assigned and completed before the systems practicums.

Discussions and group critical thinking exercises assume that the student is coming prepared to class. Students are encouraged to bring questions to the active-learning environment designed to engage participants in gaining higher levels of understanding. Preparation for the course is fundamental in the development of essential nursing judgment skills.

## Student Responsibilities: Clinical Lab Requirements

Each student will demonstrate active participation in the preparation for **TWO** systems focused and **ONE** comprehensive physical examination on a peer client using appropriate communication, equipment, and techniques, and demonstrate accurate e-Progress Note documentation within SimChart of the events as assigned. During each event, the student will promote a positive nurse/client relationship, while providing for the client's unique individual needs, and display professional behavior, both verbal and non-verbal at all times. No Chewing Gum!! Practicum examinations total 78% of the overall score in this course. A 10% course grade deduction will be applied to students who score less than 78% on the Final Head to Toe Practicum assignment. This final assignment determines student clinical readiness associated with safe patient care.

Each student will perform online self-scheduling for 3 practicums check off examinations according to his/her preference (See course Weekly Schedule Rubric/Weekly Lesson Planner). The student will arrive no later than 30 minutes prior to each scheduled event ready for the examination. \*If tardy another group teams will be called, and student's risk being placed at the end of the schedule\*. Each student is required to follow the JC student nursing uniform policy for practicum events only. **DO NOT WEAR YOUR UNIFORM TO CLASS/LAB ON NON-TESTING DAYS.**

- A student team based graded check-off event that demonstrates return application of previously studied theory content. Each student will sign up for two half hour/1 fifteen-minute practicum time(s) at scheduled intervals throughout the course for grade. Each student will be allotted two 30-minute/and one 15-minute block of time (self-scheduled) to demonstrate his/her skills. The three events are listed as: HEENT, Body Systems #2, and Head to Toe Final Practicum.
- **Extended time for live demonstration skills examinations:** The purpose of skills test items incorporates the designated response time for patient safety and provider efficiency in the clinical setting. Students who are granted accommodations through the Center for Student Success (CSS) can complete any skills non-final practicum examination with up to 22-45 maximum minutes for the test added by the proctor or assessment coordinator for a non-cumulative final skills practicum exam. For clinical purposes, no extensions to established testing time for a cumulative final practicum examination are allowed. (See Center for Student Success | Accommodations for Students with Disabilities)

Students are to consider live-lab practicum check-off assessments and Shadow Health DCE assignments as actual clinical experiences (one must behave as if he/she is in a live medical clinical setting).

- **Any** unprofessional behaviors such as chewing gum, excessive joking, incomplete uniform attire/unprofessional personal appearance, and/or inappropriate references to the peer client during the check-off may result in a 5% overall score reduction for the practicum.

**Any** inappropriate references to one's peer or DCE simulation client during any of the exercises may result in a written warning notice for unprofessional behavior. (See the JC AAS-N Student Handbook located on the JC Website: Home / Nursing Clinical Expectations)

## Course Practicum Requirements

### Body Systems Practicum Graded Assignments (2):

Practicum Examination(s) will include individualized peer client assessments combined with accurate EHR documentation assigned with each encounter:

Each student will be required to perform two skilled systems practicum examinations (See NRS 119 course home page on JetNet) that progressively build upon the development of evidence-based client-centered assessment skills learned in class.

- Skilled exams are worth **25 points each** and will be related to specific body systems:
  - System #1: HEENT (Head, Eyes, Ears, Nose, Mouth & Throat)**
  - System #2 Personal Choice of 2 (Abdomen, Cardiac, Peripheral Vascular, Respiratory)**
- One SimChart exercise is required along with body systems assessments for each of these two practicums. Documentation instructional handouts are provided in the NRS 119 course home page on JetNet.
  - This semester is a critical period of nursing skill development. Growth is achieved by reviewing and applying faculty suggestions for behavioral modification to improve personal practice.
  - **To receive full credit for the Systems #2 practicum, application of instructor feedback must be apparent throughout the assignment including EHR. A 5%-point deduction will be applied to the overall practicum score if evidence of knowledge building is not demonstrated in either practicum skill demonstration and/or SimChart e-Documentation.**

### Final Comprehensive Head to Toe Physical Exam (1):

There will be one final practicum examination. Students will be evaluated for the development of individual competency in achieving student learning outcomes for the course. (See outcomes tables and NRS 119 course home page on JetNet).

- The nursing student will demonstrate **ONE** comprehensive FINAL physical examination. This final exam will be performed on a peer enrolled in the course using appropriate communication, equipment, and technique.
  - Students are required to demonstrate the professional practice of a novice nurse who employs the foundations of critical thinking and clinical preparedness. This assignment determines clinical readiness to progress safely into the live clinical environment.
  - **A 10% course grade deduction will be applied to students who score less than 78% on this assignment.**

## Shadow Health Digital Clinical Experience (DCE) Technology

Welcome to our course in Shadow Health! Students will be interacting with Digital Standardized Patients to improve their communication, documentation, and clinical reasoning skills. There are a few things to complete on/before the first day to ensure everyone has the smoothest experience possible. Please follow the steps below.

### What is the Shadow Health Digital Clinical Experience (DCE)?

Shadow Health provides a clinical simulation designed to improve your health assessment skills in a safe learning environment. You will examine digital patients throughout the course that are accessible online 24/7. Once you register, you will have lifetime access to the technology.

### Technical Requirements

Review requirements: <https://support.shadowhealth.com/hc/en-us/articles/360004558353-DCE-Minimum-System-Specifications>

- Tablets and mobile devices are not currently supported.
- Faculty recommended web browser is Google Chrome (\*Required for speech to text feature)
- Shadow Health recommends using Chrome and Firefox to access your work. However, there are many browsers that you can use to access your assignments in Shadow Health.

For a complete list of supported browsers and system specifications, visit this link:

<https://support.shadowhealth.com/hc/en-us/articles/360004558353-DCE-Minimum-System-Specifications>

### Unsupported Platforms

The following devices and operating systems are not supported on the Shadow Health platform.

- iOS devices (iPhones and iPads)
- Android devices (phones and tablets)
- Chromebooks
- Linux/GNU based operating systems

### Shadow Health Support

- Contact Shadow Health with any questions or technical issues regarding Shadow Health before contacting your instructor.

Support is available at: <http://support.shadowhealth.com>

- Live Chat Hours: Mon-Fri 9a – 9p EST / Sat 12p – 9p EST
- Call Toll Free: 800.860.3241

## Shadow Health Help Desk

If you want more information on using Shadow Health, visit the yellow Help Desk link near your name at the top of the course. This will bring you to the learner Support Center, which is home to a wealth of articles and useful tips and tricks.

However, do not ever feel the need to hunt down an answer to a pressing question. If you have any questions or encounter any technical issues, Shadow Health has a dedicated team of helpful and knowledgeable support specialists who will patiently assist you.

Please visit the [Support page](#) for contact information. You may also [email the Support team directly](#) at any time.

## Shadow Health DCE Assignments

Student must achieve a  $\geq 78\%$  on all assignment to be considered satisfactory. In these assignments students will:

### Digital Clinical Experience Orientation

[Students spend on average 20 min. to complete]

- Learn to navigate the Shadow Health Digital Clinical Experience.
- This assignment is individually worth 5 points.

### Conversation Concept Lab

[Students spend on average 40 min. to complete]

- The exercises in the Conversation Concept Lab will help you structure interviews by asking open and closed questions.
- This assignment is individually worth 10 points.

### Health History Summary Report /Graded Assignment

[Students spend on average, 150 min on this assignment.]

- Each student will be required to submit one comprehensive electronic subjective Health History Assessment using the Shadow Health DEC program. This assignment is a comprehensive interview of your first Digital Standardized Patient, Tina Jones. Document her comprehensive health history, and complete post-exam activities bulleted below.
- This assignment will be graded electronically.
- Each student will have the flexible turn in option with re-opening availability.
- Complete post-exam activity Client Hand-Off: Each student will meet people to communicate with after he/she leaves Tina Jones' room. Students should type a response to each person to practice his/her communication skills.
- Complete post-exam activity Self-Reflection: These prompts help you think more deeply about your performance in the assignment. Reflective writing develops your clinical reasoning skills as you grow and improve as a clinician and gives your instructor insight into your learning process. The more detail and depth you provide in your responses, the more you will benefit from this activity.
- This assignment is individually worth 50 points.

## **HEENT Skills Exam**

[Students spend on average, 100 min. on this assignment.]

- Assess the HEENT system of Tina Jones, a Digital Standardized Patient. Interview and examine the patient and document your findings.
- During the Client Hand-Off, you'll meet people to communicate with after you leave Tina Jones' room. You should type a response to each person to practice your communication skills.
- After completing Tina Jones' HEENT exam, you will answer questions about other age populations in Shadow General Hospital.
- These review questions address your knowledge of physical examination techniques and findings.
- Complete post-exam activity Self-Reflection
- This assignment is individually worth 20 points.

## **Respiratory Concept Lab**

[Students spend on average 25 min. on this assignment.]

In this assignment students learn about the differences between normal and abnormal lung sounds.

- This assignment is individually worth 5 points.

## **Cardiovascular Concept Lab**

[Students spend, on average, 25 min. on this assignment.]

In this assignment students learn about the differences between normal and abnormal heart sounds.

- This assignment is individually worth 5 points.

## **Abdominal Concept Lab**

[Students spend on average 25 min. on this assignment.]

In this assignment students learn about the elements of an abdominal exam with the Abdominal Concept Lab.

- This assignment is individually worth 5 points.

## **Neurological Skills Exam**

[Students spend on average, 75 min. on this assignment.]

In this assignment students will:

- Assess the Neurological system of Tina Jones. Interview and examine the patient and document your findings.
- During the Client Hand-Off, you'll meet people to communicate with after you leave Tina Jones' room. You should type a response to each person to practice your communication skills.

- After completing Tina Jones' Neurological exam, you will answer questions about other age populations in Shadow General Hospital.
- These review questions address your knowledge of physical examination techniques and findings.
- Complete post-exam activity Self-Reflection
- This assignment is individually worth 15 points.

### **Musculoskeletal Skills Exam**

[Students spend on average, 75 min. on this assignment.]

In this assignment students will:

- Assess the Musculoskeletal system of Tina Jones. Interview and examine the patient and document your findings.
- During the Client Hand-Off, you'll meet people to communicate with after you leave Tina Jones' room. You should type a response to each person to practice your communication skills.
- After completing Tina Jones' Musculoskeletal exam, you will answer questions about other age populations in Shadow General Hospital.
- These review questions address your knowledge of physical examination techniques and findings.
- Complete post-exam activity Self-Reflection
- This assignment is individually worth 15 points.

### **Skin, Hair, and Nails Skills Exam**

[Students spend on average, 75 min. on this assignment.]

In this assignment students will:

- Assess the skin, hair, and nails system of Tina Jones. Interview and examine the patient and document your findings.
- During the Client Hand-Off, you'll meet people to communicate with after you leave Tina Jones' room. You should type a response to each person to practice your communication skills.
- After completing Tina Jones' skin, hair, and nails exam, you will answer questions about other age populations in Shadow General Hospital.
- These review questions address your knowledge of physical examination techniques and findings.
- Complete post-exam activity Self-Reflection
- This assignment is individually worth 15 points.

## Shadow Health DCE Grading of Assignments

Developing competency and skills of critical thinking through physical assessment at the outset of nursing practice is dependent upon learning-by-doing in an instructor facilitated self-directed active participation format. Through active participation in the Digital Clinical Environment (DCE), students build knowledge of how to apply the evidenced-based skilled techniques of Subjective and Objective assessments along with documentation and information processing according to the Nursing Process.

Students will have the opportunity to develop their personal practice of nursing assessment in the Shadow Health DCE environment and live practicum events. Both methods of learning are equally important and should be valued as such.

The previously listed assignment descriptions suggest an average amount of time students will typically spend on each, but these times are not predictive of an individual's actual time spent and students must be aware that some exercises will take longer, while others may not.

The time listings are only suggestions, and each individual student will need to plan on spending at least what has been listed and should also realize, that until concepts become more familiar through course learning, it could take longer. (Procrastination IS NOT recommended)

Shadow Health assessment assignments are weighted in the JetNet gradebook to equal 22% of a grade in this course. It's imperative that all students take a proactive approach to the assignments in this web-based program and plan time accordingly.

### Earning the Grade:

A score of 78% must be achieved to receive points for each assignment. Failure to earn at least a 78% on a DCE assignment will result in a score of 0 points.

All assignments **MUST** be turned in by the due dates programed in Shadow Health, listed on the course rubric and displayed on the JetNet course home page to receive full points possible.

Any assignment turned in after the due date is only eligible for ½ the original points possible.

Any assignment not turned in by the last week of lecture is not eligible for any points.

Any student found to be manipulating the program by any means, to achieve points, without putting forth equitable and honest effort will receive a grade of 0 points for the assignment(s) in question. There are no exceptions, as this behavior is considered a form of cheating.

Any student found cheating on Shadow Health will be held accountable for such actions including possible dismissal from the course and/or program (See syllabus Civility, Academic Honesty Policy from the JC AAS-N Student Handbook located on the JC Website: Home / Nursing)

## SimChart Electronic Health Record (EHR) Technology

### SimChart Challenger EHR Orientation Required Exercise:

This required assignment orients each student to SimChart® a state-of-the-art electronic health record (EHR) program. After completing the registration process to Elsevier, students are to access their course and become familiar with the SimChart® Student Resources/**Getting Started section** including watching the 24-minute video: > **Watch: Student Orientation**

Other required resources provided in the **Getting Started** section include:

- Quick Tips for Students.pdf
- Finding Your Saved Work.pdf
- Accessing Grades and Instructor Feedback.pdf

\*These resources may be accessed in the NRS 119 JetNet course home page & Elsevier SimChart program online and then saved to your desktop or printed for reference according to your learning preference.

**Upon completion of this assignment the student will:**

- Demonstrate the technical skills necessary to access an EHR system trouble-shoot and resolve access difficulties.
- Navigate essential information viewing areas of the SimChart® medical charting program.
- Understand where to go to view, submit, and receive instructor feedback within the program.
- Demonstrate how to access and use reference tools and materials associated with an educational EHR.

*Students Are to Complete the EHR Orientation Challenger Exercise Prior to the Second Lecture Session.*

**Elsevier SimChart® 24/7 TECHNICAL SUPPORT**  
<https://service.elsevier.com/app/overview/evolve/>

## Instructional Methods

Theory	Clinical Lab
<ul style="list-style-type: none"><li>• Collaborative/group work</li><li>• Lecture</li><li>• PowerPoint</li><li>• Discussion</li><li>• Demonstration/Equipment</li><li>• Handouts</li><li>• Assigned and optional readings</li><li>• Digital simulations</li></ul>	<ul style="list-style-type: none"><li>• Demonstration</li><li>• Peer Client Demonstrations</li><li>• Observation</li><li>• Critical Thinking Exercises</li><li>• Electronic Health Record Simulation</li><li>• Digital Clinical Experiences (DCE)</li><li>• Flipgrid Video Peer Collaboration</li></ul>



## Available Learning Services

Students with disabilities who believe that they may need accommodations in this class are encouraged to contact the Office of Learning Support Services as soon as possible to ensure that such accommodations are implemented in a timely fashion.

Tutors are sometimes available through Center for Student Success in Bert Walker Hall. The Center for Student Success can help students with academic and personal problems. If you feel the need to talk with the faculty, office hours are available by appointment and arranged through email on Microsoft Outlook or through the JetNet course home page. Keeping communication open assists both student and faculty.

## Accessibility

Jackson College understands that cultivating a broadly diverse community is crucial to our educational mission and to our foundational commitment to leadership and service. Jackson College is fully committed to ensuring our courses are accessible to everyone including those with disabilities. We are currently working to increase accessibility and usability of our course materials in order to meet or exceed the requirements of Section 508 of the Rehabilitation Act of 1973, the Americans with Disabilities Act of 1991 and Web Content Accessibility Guidelines (WCAG) 2.0. For more information about Jackson College's efforts to ensure accessibility please visit the [Jackson College accessibility web page](#).

If you have an accessibility need in any of our classes please e-mail the Center for Student Success at [JCCSS@jccmi.edu](mailto:JCCSS@jccmi.edu) or visit the [Center for Student Success web page](#).

At the Center for Student Success (CSS), we are committed to providing all students the opportunity to achieve academic success by providing a variety of support services free of charge to Jackson College students. This includes, but is not limited to, peer and faculty tutoring, mental health referral, temporary assistance with transportation, various workshops/seminars, and the TRIO program.

In addition, the CSS staff is committed to adapting the College's general services to meet the individual needs of otherwise qualified students with disabilities, for the purpose of providing equal access to all programs and facilities.

## Help

Available learning services or opportunities for students seeking help with their course work. May include information about tutors, learning centers, reserved library materials, counseling services.

## Academic Advising

It is important to contact a Center for Student Success professional prior to the start of the semester in order to receive accommodations in a timely manner. While we will make every effort to coordinate accommodations in a timely manner, failure to self-identify prior to the start of the semester may delay notification to instructors and timeliness of acquiring accommodations. Accommodations do not automatically carry over to the next semester. Please e-mail [JCCSS@jccmi.edu](mailto:JCCSS@jccmi.edu) or visit the [Accommodations for Students with Disabilities](#) web page.

## Technical Assistance

For technical assistance, please contact the Jackson College Solution Center. All technical work requests are initiated through the following venues:

- E-mail: [jcsolutioncenter@jccmi.edu](mailto:jcsolutioncenter@jccmi.edu)
- Phone: 517.796.8639
- Walk-in: Atkinson Hall, Room 203

## Nursing Progression Policy

### Failure of a First Level NRS Course (NRS 120, 111, or 119 and 116):

Students in the AAS-N program who earn less than 2.0 (78% average) in either of the 1st level courses (NRS 119 Health Assessment, NRS 111 Skills Lab) in the first 7 weeks will not be allowed to progress in NRS 120, however, are expected to continue in NRS 116 through its completion. Following successful completion of the remainder of the semester, students may elect to follow the Re-Admission process for the next admission cycle dependent on space availability. Failure to achieve at least a 2.0 (78% average) in a first level course is considered a nursing course failure with option to return. (See AAS-N Nursing Handbook/Re-Admission Exclusions)

## Point Summary

**Digital Assignment Component: 22% of grade: 78% average grade required**

<b>Digital Clinical Simulation Assignments</b>	<b>Time Requirement (Minutes)</b>	<b>Earned Points</b>	<b>Total Points Possible</b>	<b>Total Points Earned</b>
SimChart EHR Orientation Activity	44		5	
Digital Clinical Experience Orientation	20		5	
SimChart EHR Orientation (Case Study)	20		5	
Digital Clinical Experience (DCE) Orient	20		5	
Conversation Concept Lab	40		10	
Health History Summary Report	150		50	
HEENT Skills Exam	100		20	

<b>Digital Clinical Simulation Assignments</b>	<b>Time Requirement (Minutes)</b>	<b>Earned Points</b>	<b>Total Points Possible</b>	<b>Total Points Earned</b>
Respiratory Concept Lab	25		5	
Cardiovascular Concept Lab	25		5	
Abdominal Concept Lab	25		5	
Neurological Skills Exam	75		15	
Musculoskeletal Skills Exam	75		15	
Skin, Hair, and Nails Skills Exam	75		15	
78% must be achieved on Shadow Health DCE Skills Examinations to pass assignments. (See Flexible Turn-In)			150	Multiply total points by 0.22 for 22% total.

**Body Systems Practicum Examinations: 78% of overall course grade.**

<b>Tests</b>	<b>Possible Points</b>	<b>Earned Points</b>	<b>Total Points Possible</b>	<b>Total Points Earned</b>
HEENT Body Systems 1	25		25	
Body Systems 2	25		25	
Final Head to Toe	50		50	
Students must achieve 78% on in class exams prior to adding additional points			100	Multiply total points by 0.78 for 78% total.

**Add Digital Assignments, and System Practicum percentages together for total grade. Total: /Possible 250**

# COURSE SYLLABUS AND RESOURCE ATTESTATION FORM

## NRS 119 Health Assessment

(Please Access the Blue Hyperlink Title Above to Sign the Electronic Form)

Name (Please Print): \_\_\_\_\_ Date: \_\_\_\_\_

### Please Review the Following and Enter Your Name on the Attestation Form:

- I have read the complete syllabus, weekly schedule, time planner and reviewed all resource materials for NRS 119. I verify that I was present during orientation or have accessed the recording when my instructor provided detailed instruction related to the documents and their use as guiding reference(s) for this course.
- I have successfully signed in to the JetNet NRS 119 course home page and understand how to navigate through electronic resources provided as they relate to due dates of all course assignments.
- I have registered with the Sherpath, SimChart EHR, and Shadow Health DCE programs. I understand how to access online technical support through the companies first with any/every program access, and/or functionality issue(s). JC IT Solutions Center cannot help me with these electronic educational tools.
- **I have reviewed the NRS 119 assignments and course requirements and understand that referencing JetNet combined with frequently accessing my textbook, schedule rubrics and planners for studying will give me the best chance for a positive outcome in this course.**
- I have reviewed the JC Nursing AAS-N Student Handbook Simulation & Social Media Policy as it relates to this course. I will always adhere to the guidelines for Responsible Use of Technology at Jackson College while I am a student in the nursing program. **I understand if I violate these policies, I may receive a written warning notice /and or/ be dismissed from the course/and or/ nursing program.**
- I have received my Health Assessment nursing kit and signed the proper form.
- I understand I am required to maintain current documentation of CPR/TB/Immunizations prior to all clinical in CastleBranch in collaboration with the nursing office to avoid a 3% reduction in the total grade for every course enrolled, including NRS 119. I know it is my responsibility as a student to maintain these records without reminders from faculty.
- All my questions related to course resources have been answered at this time.

I understand the information contained within the resources checked and will adhere to any additional course, JC Nursing Department and, or College policies not mentioned in this document that may apply to my status as a student in NRS 119 and the nursing program.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

[Please electronically sign and submit to your instructor by the second week of theory lecture class.]