



## Seminar in Life Pathways

SEM140H-I2 Fall 2021

### Course Information

- Number of Credits: 3 credits
- Days Class Meets: No Scheduled Days
- Meeting Times: N/A
- Location/Venue: Online

### Instructor Information

- Instructor: Dr. Kristin Stockbridge
- Contact Phone: 517-796-8463
- Contact Email: stockbrkristinm@jccmi.edu
- Online Office Hours: See Office Hours Document in JetNet

### Course Description

Students will learn about, develop and apply On Course principles/characteristics that are necessary for success in education, careers and life. Through the Life Map Project, students will understand the rigor and requirements of their identified career pathway, set completion goals (skill set, concentration, certificate, degree and/or transfer), and create a student education plan. Students registered in a Seminar in Life Pathway are expected to bring their own laptop-style computer to every class for their use in this course. For technical specifications and the potential to use financial aid to purchase to use financial aid to purchase an appropriate device refer to [JC's Text Book Zero web site](#).

### Prerequisite(s)

None.

### Course Goals

In SEM 140, we will

1. Assess our career interests and aptitudes and create an academic plan, through completion of the course pack and final project.

2. Learn principles and apply strategies that improve our ability to succeed in courses, persist in our college career, and achieve our goals.
3. Increase communication, leadership, and interdependence skills through group work and discussions with peers as well as College instructors/staff.
4. Access and effectively use college resources.
5. Build critical thinking skills through exploring active reading and writing strategies.

## Course Objectives

Students will develop skills to promote success in education and in life. Learners will become equipped in navigating academic advising and financial aid. Our required communication with our Navigator to schedule an appointment to build our Long Term Plan, the course pack, and final project will be completed; academic success strategies are introduced and reinforced.

This seminar explores four major journeys in life.

- One is our **inner journey** of learning more about ourselves, our strengths, our learning styles, our dreams, etc. This journey develops inner traits that lead to success, self-confidence and a sense of purpose, in school and in life.
- Another is our **learning journey** in courses. This journey includes active learning, effective and efficient study and test-taking strategies, and the use of self-management tools.
- In this course we will consider our **career path**. We will spend time considering career options and develop an educational plan that leads us toward our particular career goals.

Another journey involves navigating college, using available resources for academic planning, as well as understanding the systems and processes for achieving our academic goals including receiving a college degree or certification.

## Textbook

- *On Course*, 9th Edition, by Skip Downing, ISBN: 9780357694602

## Digital Format

This text is available in a digital format to rent or purchase through the JC Bookstore. Please see the links posted on your class JetNet site.

## Extras

Laptop/desktop computer with reliable internet access throughout the term.

## Grading Procedure

Required Course Assignments	Points	Percentage
Course Pack, Pathway Exploration, and Long Term Plan		40%

On Course content, additional weekly Activities/Assignments, Final		40%
Attendance and Participation in weekly class and group forums		20%
		<b>100%</b>

## Grading Scale

GPA	Grade Range
4.0	90-100%
3.5	85-89%
3.0	80-84%
2.5	75-79%
2.0	70-74%
1.5	65-69%
1.0	60-64%
0.5	55-59%
0.0	0-54%

## Failure

Students must earn a minimum 2.0 grade in all pre-requisites and all courses contributing to an earned certificate or degree.

Grades are computed by dividing the number of points earned by the total number of points in the class.

Additionally, communicating with our Navigator to schedule an appointment is mandatory for success in this course.

***Scheduling your navigator appointment and completing pages 103-105 of our Course Pack are a course requirement and necessary in order to receive 40% worth of your final course grade.***

Failure to successfully complete this mandatory appointment with your Navigator, such as lacking the required Navigator signature and/or email from the Navigator to the instructor, will result in earning 0% for this grading category. That zero will cause the final course grade to be below the minimum 2.0 requirement for passing SEM 140.

## Academic Honesty Policy

Academic Honesty is defined as ethical behavior that includes student production of their own work and not representing others' work as their own, by cheating or by helping others to do so.

## Plagiarism

Plagiarism is defined as the failure to give credit for the use of material from outside sources.

Plagiarism includes but is not limited to:

- Submitting other's work as your own
- Using data, illustrations, pictures, quotations, or paraphrases from other sources without adequate documentation
- Reusing significant, identical or nearly identical portions of one's own prior work without acknowledging that one is doing so or without citing this original work (self-plagiarism)

## Cheating

Cheating is defined as obtaining answers/material from an outside source without authorization.

Cheating includes, but is not limited to:

- Plagiarizing in any form
- Using notes/books/electronic material without authorization
- Copying
- Submitting others' work as your own or submitting your work for others
- Altering graded work
- Falsifying data
- Exhibiting other behaviors generally considered unethical
- Allowing your work to be submitted by others

## Accessibility

Jackson College understands that cultivating a broadly diverse community is crucial to our educational mission and to our foundational commitment to leadership and service. Jackson College is fully committed to ensuring our courses are accessible to everyone including those with disabilities. We are currently working to increase accessibility and usability of our course materials in order to meet or exceed the requirements of Section 508 of the Rehabilitation Act of 1973, the Americans with Disabilities Act of 1991 and Web Content Accessibility Guidelines (WCAG) 2.0. For more information about Jackson College's efforts to ensure accessibility please visit the [Jackson College accessibility web page](#).

If you have an accessibility need in any of our classes please e-mail the Center for Student Success at [JCCSS@jccmi.edu](mailto:JCCSS@jccmi.edu) or visit the [Center for Student Success web page](#).

At the Center for Student Success (CSS), we are committed to providing all students the opportunity to achieve academic success by providing a variety of support services free of charge to Jackson College students. This includes, but is not limited to, peer and faculty tutoring, mental health referral, temporary assistance with transportation, various workshops/seminars, and the TRIO program.

In addition, the CSS staff is committed to adapting the College's general services to meet the individual needs of otherwise qualified students with disabilities, for the purpose of providing equal access to all programs and facilities.

## Course Management

A traditional 12-week face-to-face class would meet for 3 hours a week and we would be expected to complete 2-3 hours of additional work outside of the scheduled class time for every credit hour the course is worth. For our class this includes completing reading assignments, research, talking with our Navigator, work for larger assignments such as the Pathway Exploration task, and so forth.

Since our class is 3 credit hours and online, you should expect to have about 6-9 hours each week to work on our readings, assignments, research, and pathway and career explorations.

Planning our time ahead from the beginning as well as working a little bit each day will make it easier for us to keep on course.

## Makeup Policy

All assignments are due by the dates/times listed in the Course Calendar that starts on page 7 of this syllabus unless otherwise noted in our online class area in JetNet.

With this in mind **late homework assignments will NOT be accepted.**

**Technical issues are not a valid excuse for not getting work successfully submitted in-full and on-time.** Be prepared by looking ahead at what we can do on our own easily as well as by keeping ahead on readings and reviewing our Course Calendar on the next page to know what we need to be sure to complete.

## Help

Education is a self-initiated, goal-directed process. As students we are expected to be accountable for our own learning. Our instructors are facilitators and resources who will assist in this process.

If we recognize that we need additional help to be successful, we have a number of options. The most important thing about getting help is to do so as soon as we feel we are getting off course. The quicker we seek help, the more likely it is that we will be able to get back on course and be successful. If we need help, contact as soon as possible:

**Our Classmates:** Please make use of peers! If we are unclear about a particular assignment, talking it over with a classmate may help us sort out our confusion. We can email, message, or choose other ways we are most comfortable to talk with our peers outside of class time. Remember that together we are a community of learners – so asking each other for help is a good strategy to adopt for our success.

**Our Instructor:** Please make use of instructors! Instructors are here to help. I check email regularly as this is my preferred means of communicating with students and I typically respond within 24-48 hours.

**Center for Student Success:** The Center provides tutoring and other services. The staff is here to help us succeed in our studies so do not hesitate to make use of this free resource for any class. Please call 517-796-8415, e-mail at [JCCSS@jccmi.edu](mailto:JCCSS@jccmi.edu), or [visit the Center for Student Success website for more information](#).

**Accommodations:** Students requiring special assistance (including those affected by the Americans with Disabilities Act) should contact a Center for Student Success professional prior to the start of the semester in order to receive accommodations in a timely manner. While we will make every effort to coordinate accommodations in a timely manner, failure to self-identify prior to the start of the semester may delay notification to instructors and timeliness of acquiring accommodations. Accommodations do not automatically carry over to the next semester.

Please call 517-796-8415 or [visit the Accommodations website for details on the steps to follow](#).

## Academic Advising

It is important to contact a Center for Student Success professional prior to the start of the semester in order to receive accommodations in a timely manner. While we will make every effort to coordinate accommodations in a timely manner, failure to self-identify prior to the start of the semester may delay notification to instructors and timeliness of acquiring accommodations. Accommodations do not automatically carry over to the next semester. Please e-mail [JCCSS@jccmi.edu](mailto:JCCSS@jccmi.edu) or visit the [Accommodations for Students with Disabilities](#) web page.

## Student Responsibilities

It is your responsibility to ask questions if you need clarification. Contact me if you are struggling! I am here to help you succeed. You are responsible for your own grade and overall success in the class. If you do the work, you'll pass the class!

## Attendance- Participation Policy

Just as in a traditional classroom course, regular class participation and keeping up on the reading and assignments is strongly correlated with survival in college. It is my recommendation that you plan to do your assignments and take your exams **BEFORE** the last day they are due. If problems occur, there is time to fix them before the deadline.

In compliance with Federal Title IV funding requirements, as well as college initiatives, I will be monitoring student participation on a regular basis and officially reporting student activity throughout the term to assure compliance with college policy and federal regulations. It is imperative that you log in to the course and actively participate *within the first couple days of the term* to validate your enrollment in the course. After that, not actively participating in class may result in you being withdrawn from the course. Being withdrawn from a course can have an impact on financial aid, billing, athletic eligibility, and housing status. As a college student you are responsible for how your participation impacts your academic progress; the accountability lies with you.

Note: There will be live sessions during the semester that will include a Welcome session, the Library, Overview of PathwayU, and an overview of the Final Project. Each session will be recorded and posted on JetNet after they have been completed. **If you can not attend, you will be responsible with e-mailing the instructor before the session and a one page review of the session.**

## Caveat

Certain revisions may be necessary during the course with as much advance notification as possible given to students. Be sure to frequently check our JetNet page for possible updates as well as regularly login to our College email to check for messages from instructors, Navigators, or other College staff.

## Calendar

Below is our detailed class assignment schedule. Each assignment is due by Sunday of each week by 11:59 pm. First post for class forums are due by Fridays and the a reply by Sunday at 11:59 pm. Please note this is subject to change with adequate notification given to students. Check JetNet for updates

WEEK #	TOPIC	HOMEWORK
<b>Weekly</b>	Class Forums	Discussion forum initials posts due Friday. Reponses due by Sunday.
<b>1 8/30 to 9/5</b>	Introduction	Due Wednesday <input type="checkbox"/> Syllabus Review Due Friday <input type="checkbox"/> Welcome Assignment Due Sunday <input type="checkbox"/> E-mail from your Jackson College E-mail
<b>2 9/6 to 9/12</b>	Chapter 1	Due Friday <input type="checkbox"/> Happiness Institute Signature Strength Inventory Discussion Due Sunday <input type="checkbox"/> Chapter 1 Review <input type="checkbox"/> Course Pack Pages 20-22 <input type="checkbox"/> Course Pack Pages 30-35
<b>3 9/13 to 9/19</b>	Chapter 1 and 2	Due Friday <input type="checkbox"/> The Late Paper Due Sunday <input type="checkbox"/> Journal Entry 3 and Soft Skills Self-Assessment <input type="checkbox"/> CSFI Assessment <input type="checkbox"/> Chapter 2 Review <input type="checkbox"/> Course Pack Page 44

<p><b>4</b> 9/20 to 9/26</p>	<p>Chapter 4</p>	<p>Due Friday</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> The Procrastinators</li> <li><input type="checkbox"/> Motivation, Values, and Committed Action</li> </ul> <p>Due Sunday</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Course Pack Pages 45-51</li> <li><input type="checkbox"/> Course Pack Pages 52-55</li> <li><input type="checkbox"/> Journal 12</li> <li><input type="checkbox"/> Chapter 4 Review</li> </ul>
<p><b>5</b> 9/27 to 10/3</p>	<p>Chapter 3</p>	<p>Due Friday</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Popson's Dilemma</li> </ul> <p>Due Sunday</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Course Pack Pages 62-65</li> <li><input type="checkbox"/> Journal 11</li> <li><input type="checkbox"/> Chapter 3 Review</li> <li><input type="checkbox"/> 28 Day Challenge Start</li> </ul>
<p><b>6</b> 10/4 to 10/10</p>	<p>Chapter 5</p>	<p>Due Friday</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Professor Roger's Trial</li> </ul> <p>Due Sunday</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Course Pack Pages 66-69</li> <li><input type="checkbox"/> Chapter 5 Review</li> <li><input type="checkbox"/> Journal Entry 18</li> <li><input type="checkbox"/> Journal Entry 19</li> </ul>
<p><b>7</b> 10/11 to 10/17</p>	<p>Course Pack Items</p>	<p>Due Friday</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Video Reflection</li> <li><input type="checkbox"/> Personality</li> </ul> <p>Due Sunday</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Course Pack Pages 80-81</li> <li><input type="checkbox"/> Course Pack Pages 89-91</li> <li><input type="checkbox"/> Mid-Course Evaluation</li> <li><input type="checkbox"/> Pathway Showcase</li> </ul>
<p><b>8</b> 10/18 to 10/24</p>	<p>Chapter 6</p>	<p>Due Friday</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Strange Choices</li> <li><input type="checkbox"/> Pathway Showcase</li> </ul> <p>Due Sunday</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Journal Entry 21</li> <li><input type="checkbox"/> On Course Study Skills Self-Assessment</li> <li><input type="checkbox"/> Chapter 6 Review</li> </ul>
<p><b>9</b> 10/25 to 10/31</p>	<p>Chapter 7</p>	<p>Due Friday</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> A Fish Story</li> <li><input type="checkbox"/> 4 Stages of Learning</li> </ul> <p>Due Sunday</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Chapter 7 Review</li> <li><input type="checkbox"/> Journal Entry 25</li> <li><input type="checkbox"/> Oprah Winfrey on Career, Life, and Leadership</li> </ul>

<b>10</b> 11/1 to 11/7	Chapter 8	<p>Due Friday</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> After Math</li> </ul> <p>Due Sunday</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Chapter 8 Review</li> <li><input type="checkbox"/> Course Pack Pages 128-131</li> <li><input type="checkbox"/> Journal Entry 29</li> <li><input type="checkbox"/> 28 Day Challenge Due</li> </ul>
<b>11</b> 11/8 to 11/14	Chapter 9	<p>Due Friday</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> Feedback</li> </ul> <p>Due Sunday</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> PathwayU Follow Up</li> <li><input type="checkbox"/> Course Pack Pages 139-141</li> <li><input type="checkbox"/> Letter to Future Self</li> <li><input type="checkbox"/> Long Term Plan</li> <li><input type="checkbox"/> Chapter 9 Review</li> </ul>
<b>12</b> 11/15 to 11/21	Final Project	<p>Due Friday</p> <ul style="list-style-type: none"> <li><input type="checkbox"/> SEM 140 Final Project</li> <li><input type="checkbox"/> Course Evaluation</li> </ul>

## Important Dates

Date	Event
Monday 08/30/2021	Start of Class
Monday 09/06/2021	Labor Day Holiday-No Classes
Monday 09/06/2021	Last Day to Drop Class
Saturday 11/13/2021	Last Day to Withdraw from Class
Sunday 11/21/2021	Last Day of Class
Wednesday 11/24 - Sunday 11/28/2021	Thanksgiving Holiday-No Classes
Saturday 12/18/2021	End of Fall Semester