

## Seminar in Life Pathways

SEM 140 I14

Spring 2021

**Number of Credits:** 3

**Days Class Meets:** Online-Monday @ 9am  
(recorded and live)

**Meeting Times:** None

**Location/Venue:** JetNet

**Instructor:** Erin Luppo

**Contact Email:** [luppoerinl@jccmi.edu](mailto:luppoerinl@jccmi.edu)

**Online Office Hours:** T 8-10 am by  
appointment

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### Course Description

Students will learn about, develop and apply On Course principles/characteristics that are necessary for success in education, careers and life. Through the Life Map Project, students will understand the rigor and requirements of their identified career pathway, set completion goals (skill set, concentration, certificate, degree and/or transfer), and create a student education plan. Students registered in a Seminar in Life Pathway are expected to bring their own laptop-style computer to every class for their use in this course. For technical specifications and the potential to use financial aid to purchase to use financial aid to purchase an appropriate device refer to [JC's Text Book Zero web site](#).

### Prerequisite(s)

None

### Course Goals

In SEM 140, we will

1. Assess our career interests and aptitudes and create an academic plan, through completion of the course pack and final project.
2. Learn principles and apply strategies that improve our ability to succeed in courses, persist in our college career, and achieve our goals.

3. Increase communication, leadership, and interdependence skills through group work and discussions with peers as well as College instructors/staff.
4. Access and effectively use college resources.
5. Build critical thinking skills through exploring active reading and writing strategies.

## Course Objectives

Students will develop skills to promote success in education and in life. Learners will become equipped in navigating academic advising and financial aid. Our required communication with our Navigator to schedule an appointment to build our Long Term Plan, the course pack, and final project will be completed; academic success strategies are introduced and reinforced.

This seminar explores four major journeys in life.

- One is our **inner journey** of learning more about ourselves, our strengths, our learning styles, our dreams, etc. This journey develops inner traits that lead to success, self-confidence and a sense of purpose, in school and in life.
- Another is our **learning journey** in courses. This journey includes active learning, effective and efficient study and test-taking strategies, and the use of self-management tools.
- In this course we will consider our **career path**. We will spend time considering career options and develop an educational plan that leads us toward our particular career goals.

Another journey involves navigating college, using available resources for academic planning, as well as understanding the systems and processes for achieving our academic goals including receiving a college degree or certification.

## Textbook (chose appropriate options below)

- *On Course*, 9th Edition, by Skip Downing, ISBN: 978-0-357-02268-9 with MindTap access.\*
- *If you chose to opt of Follett Access, you would need a Cengage Unlimited membership for the duration of the class.*

**\*Included in Follett ACCESS.** *Follett ACCESS program takes the hassle out of course material buying because course material costs are covered as a fee you are charged when you register for classes. The charge is posted directly to your Jackson College bill and can be paid along with your college charges or using financial aid. You will receive email from the Jackson College Bookstore when your materials are ready to be picked up in the bookstore OR if it is available in your digital bookshelf.*

**Follett Access! Please review the cost of your required materials at the following link to determine the best option for you to purchase your materials:**

<https://www.bkstr.com/jacksonstore>

Text Book Zero! This text is available in a digital format. Please see the links posted on our class Jet Net site. This text is available to rent or purchase in digital format through the JC Bookstore.

Open Educational Resources (OERs) are strongly encouraged. If no textbooks are required, a disclaimer to the effect that students will not have to purchase books for the course:

This course uses OER! Optional resources are available in electronic format as a direct download from the publisher and/or the JetNet shell.

Follett Access! Please review the cost of your required materials at the following link to determine the best option for you to purchase your materials: <https://www.bkstr.com/jacksonstore>

For more information on the Follett ACCESS Program, you can view the frequently asked questions here: <https://www.jccmi.edu/bookstore/student-services-follett-access/>. If after reviewing the costs, you choose to opt out, you may do so here: [www.jccmi.edu/optout](http://www.jccmi.edu/optout). Please note your opt out selection is for your entire semester schedule. You cannot opt out and opt in to individual courses. And you must opt out by the due date for your first class.

Class Starts On: Opt Out Date:

January 11, 2021 January 14, 2021

February 15, 2021 February 18, 2021

March 15, 2021 March 18, 2021

March 30, 2021 April 2, 2021

If you have questions about materials, please contact the Jackson College Follett bookstore at [jackson@bkstr.com](mailto:jackson@bkstr.com). For account billing questions, please contact the Jackson College Cashier at [jccashier@jccmi.edu](mailto:jccashier@jccmi.edu).

### **Extras**

Laptop/desktop computer with reliable internet access throughout the term.

## Grading Procedure

Required Course Assignments	Points	Percentage
Course Pack, Pathway Exploration, and Long Term Plan		40%
<i>On Course</i> content, additional weekly Activities/Assignments, Final		40%
Attendance and Participation in weekly class and group forums		20%
		<b>100%</b>

## Grading Scale

GPA	GRADE RANGE
4.0	90-100%
3.5	85-89%
3.0	80-84%
2.5	75-79%
2.0	74-70%
1.5	65-69%
1.0	60-64%
0.5	55-59%
0.0	0-54%

## Failure

Students must earn a minimum 2.0 grade in all pre-requisites and all courses contributing to an earned certificate or degree.

Grades are computed by dividing the number of points earned by the total number of points in the class.

Additionally, communicating with our Navigator to schedule an appointment is mandatory for success in this course.

***Scheduling your navigator appointment and completing pages 103-105 of our Course Pack are a course requirement and necessary in order to receive 40% worth of your final course grade.***

Failure to successfully complete this mandatory appointment with your Navigator, such as lacking the required Navigator signature and/or email from the Navigator to the instructor, will result in earning 0% for this grading category. That zero will cause the final course grade to be below the minimum 2.0 requirement for passing SEM 140.

## **Academic Honesty Policy**

Academic Honesty is defined as ethical behavior that includes student production of their own work and not representing others' work as their own, by cheating or by helping others to do so.

**Plagiarism is defined as the failure to give credit for the use of material from outside sources.**

**Plagiarism includes but is not limited to:**

- Submitting other's work as your own
- Using data, illustrations, pictures, quotations, or paraphrases from other sources without adequate documentation
- Reusing significant, identical or nearly identical portions of one's own prior work without acknowledging that one is doing so or without citing this original work (self-plagiarism)

**Cheating is defined as obtaining answers/material from an outside source without authorization. Cheating includes, but is not limited to:**

- Plagiarizing in any form
- Using notes/books/electronic material without authorization
- Copying
- Submitting others' work as your own or submitting your work for others
- Altering graded work
- Falsifying data
- Exhibiting other behaviors generally considered unethical

Allowing your work to be submitted by others

## **Accessibility**

Jackson College understands that cultivating a broadly diverse community is crucial to our educational mission and to our foundational commitment to leadership and service. Jackson College is fully committed to ensuring our courses are accessible to everyone including those with disabilities. We are currently working to increase accessibility and usability of our course materials in order to meet or exceed the requirements of Section 508 of the Rehabilitation Act of 1973, the Americans with Disabilities Act of 1991 and Web Content Accessibility Guidelines (WCAG) 2.0. For more information about Jackson College's efforts to ensure accessibility please visit the [Jackson College accessibility web page](#).

If you have an accessibility need in any of our classes please e-mail the Center for Student Success at [JCCSS@jccmi.edu](mailto:JCCSS@jccmi.edu) or visit the [Center for Student Success web page](#).

At the Center for Student Success (CSS), we are committed to providing all students the opportunity to achieve academic success by providing a variety of support services free of charge to Jackson College students. This includes, but is not limited to, peer and faculty tutoring, mental health referral, temporary assistance with transportation, various workshops/seminars, and the TRIO program.

In addition, the CSS staff is committed to adapting the College's general services to meet the individual needs of otherwise qualified students with disabilities, for the purpose of providing equal access to all programs and facilities.

### Course Management

A traditional 12-week face-to-face class would meet for 3 hours a week and we would be expected to complete 2-3 hours of additional work outside of the scheduled class time for every credit hour the course is worth. For our class this includes completing reading assignments, research, talking with our Navigator, work for larger assignments such as the Pathway Exploration task, and so forth.

Since our class is 3 credit hours and online, you should expect to have about 6-9 hours each week to work on our readings, assignments, research, and pathway and career explorations.

Planning our time ahead from the beginning as well as working a little bit each day will make it easier for us to keep on course.

### Makeup Policy

All assignments are due by the dates/times listed in the Course Calendar that starts on page 7 of this syllabus unless otherwise noted in our online class area in JetNet.

With this in mind **late homework assignments will only be accepted within 48 hours after the assignment's original due date and reduced by 20%** (10 pts \* 80% = 8 pts).

**Technical issues are not a valid excuse for not getting work successfully submitted in-full and on-time.** Be prepared by looking ahead at what we can do on our own easily as well as by keeping ahead on readings and reviewing our Course Calendar on the next page to know what we need to be sure to complete.

### Help

Education is a self-initiated, goal-directed process. As students we are expected to be accountable for our own learning. Our instructors are facilitators and resources who will assist in this process.

If we recognize that we need additional help to be successful, we have a number of options. The most important thing about getting help is to do so as soon as we feel we are getting off course. The quicker we

seek help, the more likely it is that we will be able to get back on course and be successful. If we need help, contact as soon as possible:

**Our Classmates:** Please make use of peers! If we are unclear about a particular assignment, talking it over with a classmate may help us sort out our confusion. We can email, message, or choose other ways we are most comfortable to talk with our peers outside of class time. Remember that together we are a community of learners – so asking each other for help is a good strategy to adopt for our success.

**Our Instructor:** Please make use of instructors! Instructors are here to help. I check email regularly as this is my preferred means of communicating with students and I typically respond within 24-48 hours.

**Center for Student Success:** The Center provides tutoring and other services. The staff is here to help us succeed in our studies so do not hesitate to make use of this free resource for any class. Please call 517-796-8415, e-mail at [JCCSS@jccmi.edu](mailto:JCCSS@jccmi.edu), or [visit their website for more information](#).

**Accommodations:** Students requiring special assistance (including those affected by the Americans with Disabilities Act) should contact a Center for Student Success professional prior to the start of the semester in order to receive accommodations in a timely manner. While we will make every effort to coordinate accommodations in a timely manner, failure to self-identify prior to the start of the semester may delay notification to instructors and timeliness of acquiring accommodations. Accommodations do not automatically carry over to the next semester.

Please call 517-796-8415 or [visit their website for details on the steps to follow](#).

## Student Responsibilities

In this course we are expected to

- Respect of all our speakers including instructors, peers, guests, etc during live classroom and in JetNet forums.
- Consider how our words will be interpreted by others to determine if the words and phrases we are using or even typing we would say out loud directly sitting across from that other person.

## Attendance- Participation Policy

Just as in a traditional classroom course, regular class participation and keeping up on the reading and assignments is strongly correlated with survival in college. It is my recommendation that you plan to do your assignments and take your exams BEFORE the last day they are due. If problems occur, there is time to fix them before the deadline.

In compliance with Federal Title IV funding requirements, as well as college initiatives, I will be monitoring student participation on a regular basis and officially reporting student activity throughout the term to assure compliance with college policy and federal regulations. It is imperative that you log in to the course and actively participate *within the first couple days of the term* to validate your enrollment in the course. After that, not actively participating in class may result in you being withdrawn from the course. Being withdrawn from a course can have an impact on financial aid, billing, athletic eligibility, and housing status. As a college student you are responsible for how your participation impacts your academic progress; the accountability lies with you.

Note: There will be live sessions during the semester that will include a Welcome session, the Library, Overview of PathwayU, and an overview of the Final Project. Each session will be recorded and posted

on JetNet after they have been completed. **If you can not attend, you will be responsible with e-mailing the instructor before the session and a one page review of the session.**

### **Caveat**

Certain revisions may be necessary during the course with as much advance notification as possible given to students. Be sure to frequently check our JetNet page for possible updates as well as regularly login to our College email to check for messages from instructors, Navigators, or other College staff.

### **Calendar**

Below is our detailed class assignment schedule. Initial Discussion Posts are due every Friday. All other assignments and peer responses is due by Sunday of each week by 11:59 pm. First post for class forums are due by Fridays and the a reply by Sunday at 11:59 pm. Please note this is subject to change with adequate notification given to students. Check JetNet for updates.

<b>WEEK #</b>	<b>DISCUSSION DUE DATES</b>	<b>ASSIGNMENTS</b>
Weekly	Fridays for 1 <sup>st</sup> Post Sundays for Reply Post	Class Forums
Weekly	During the week	Review of Instructor Video
1 5/10-5/16	Friday 05/15: Initial Post to all Discussions Sunday 05/17: Peer Responses	<b>Due Sunday 5/17/21</b> Syllabus Review Welcome Assignment E-mail from your Jackson College E-mail
2 5/17-5/23	Friday 05/21 Initial Post to discussions Sunday 05/23: Peer Responses to discussions	<b>Due Sunday 5/23/21</b> Chapter 1 Review Chapter 1 Outline Course Pack Pages 20-22 Course Pack Pages 30-35 Happiness Institute Signature Strength Inventory
3 5/25-5/30	Friday 05/28: Initial Post to discussion Sunday 05/30: Peer Responses to discussion	<b>Due Sunday 5/30/21</b> Journal Entry 3 Chapter 2 Outline Soft Skills Self Assessment CSFI Assessment Chapter 2 Review

		Course Pack Page 44 Course Pack Page 103
4 5/31-6/6	Friday 06/04: Initial Post to Discussion Sunday: 06/06 Peer Responses to discussion	<b>Due Sunday 6/06/21</b> Course Pack Pages 45-51 Course Pack Pages 52-55 Journal 12 Chapter 4 Review Chapter 4 Outline
5 6/07-6/13	Friday 6/11: Initial Post to Discussion Sunday 6/13: Peer Responses to discussion	<b>Due Sunday 06/13/21</b> Course Pack Pages 62-65 Journal 11 Chapter 3 28 Day Challenge Start Chapter 3 Outline
6 6/14-6/20	Friday 6/18: Initial post to discussion Sunday 6/20: Peer Post to discussion	<b>Due Sunday 6/20/21</b> Course Pack Pages 66-69 Chapter 5 Review Journal Entry 18 Journal Entry 19 Chapter 5 Outline
7 06/21-06/27	Friday 06/25: Initial post to discussion Sunday 06/27: Peer Responses to discussion	<b>Due Sunday 06/27</b> Course Pack Pages 80-81 Course Pack Pages 89-91 Mid-Course Evaluation Work/Life Balance Outline Work/Life Balance Forum
8 6/28-07/04	Friday 07/03: Initial post to discussion MONDAY 07/05: Peer Responses to discussion	<b>Due MONDAY 07/05 (HOLIDAY EXTENSION)</b> Journal Entry 21 On Course Study Skills Self-Assessment Chapter 6 Review PathwayU Chapter 6 Outline
9 07/05-07/11	Friday 07/09: Initial post to discussion Sunday 07/11: Peer response to discussions	<b>Due Sunday 07/11/21</b> Chapter 7 Review Journal Entry 25 Oprah Winfrey on Career, Life, and Leadership Chapter 7 Outline

10 07/12-07/18	Friday 07/16: Initial post to discussion Sunday 07/18: Peer responses to discussion	<b>Due Sunday 07/12/21</b> Chapter 8 Review Chapter 8 Outline Course Pack Pages 128-131 Journal Entry 29 28 Day Challenge Due
11 07/19-07/25	Friday 07/23: Initial post to discussion Sunday 07/25: Peer responses to discussion	<b>Due Sunday 07/25/21</b> Course Pack Pages 139-141 Letter to Future Self Long Term Plan Chapter 9 Review
12 07/26-08/01 Work Week 08/02-08/08	All post due 08/08	<b>Due Sunday 08/08/21</b> SEM 140 Final Project Course Evaluation